

Peanut Free / Nut Free Policy

Food allergies are on the rise and can cause a severe, systemic, potentially fatal allergic reaction called anaphylaxis in allergic individuals. Eight of the most common food allergens are milk, soy, wheat, fish, shellfish, egg, peanut, and tree nut.

Peanut and tree nut allergies account for most fatal and near-fatal anaphylactic reactions. Allergic individuals can experience anaphylaxis if they touch, inhale or ingest even the slightest trace or residue of the allergen.

To help make The Base out of School Club a fun and safe place for our increasing number of peanut and tree nut allergic children, we're becoming a peanut and tree nut free club. In addition to cleaning hands and mouths before entering the club, here's how you can help.

Lunches

Send lunches with items that contain no peanuts, tree nuts, peanut butter, or nut butter.

Shared Items

Read labels to ensure shared items, such as snacks and craft materials, contain no nut peanuts or tree nuts, no traces of peanuts or tree nuts, and are not manufactured in a facility or on equipment that processes peanuts or tree nuts.

Provide shared items in their original, unopened packages.

All shared items requiring advance preparation, such as cutting, will be prepared in the Club, by a club member or staff to avoid cross contamination from in home utensils and surfaces.

Signed _____ (Manager) _____ (Date)

Signed _____ (Chairperson) _____ (Date)